

October 2009

Vol. 24

Issue 4



# Between The Lions



Vernon Hills Lions Club — Chartered March 14 1983

## Officers 2009-2010

### **President**

Lion Valerie Kanuch

### **Secretary**

Lion Richard Leber

### **Treasurer**

Lion John Blackburn

### **1st Vice President**

Lion Bernie Dost

### **2nd Vice President**

Lion Linda Starrfield

### **3rd Vice President**

Lion Kathleen Marusich

### **Lion Tamer**

Lion Gary Zabilka

### **Tail Twister**

Lion Gabriel Cotton

### **Director**

Lion April Frick, PDG

### **Director**

Lion Ed Mahoney

### **Director**

Lion Amber Martinez

### **Immediate**

### **PastPresident**

Lion Gary Zabilka

## *Presidents Corner —*

Happy Autumn everyone. With an early frost probable the local trees are already turning gorgeous fall colors and there's a hint of cool in the air. Such was the beautiful weekend for our bi-annual circus event which played to packed crowds each day. We should see record attendance when the final tally is completed. This year there were new acts including an exciting high-wire motorcyclist and a tiger tamer who had trained the tigers to dance. One talented feline did the moon walk. How do you train a 2,000lb+ cat to dance a moonwalk? It was amazing. Lion Don Hook and his committee, especially Amber Martinez, did a great job pulling this together for the Club this year. Talk is that we may have the circus every year. That would be great.

Now we move along to Candy Day. Thus far our main annual fund raising event, Candy Day is the second weekend in October, 10/9 and 10/10. We have approval for the streets of Vernon Hills and for the intersection of Buffalo Grove Road and Lake Cook Road in Buffalo Grove. The Boy Scouts preempted us at SAM's Club this year but we were able to book that for Halloween weekend, October 30 and 31. Actually this will give more of our club members a chance to participate. That weekend should be pretty busy at SAM's.

In October we also have Oktoberfest at the train station on October 3, after our Board meeting. This starts at around 3:00pm but the setup is earlier. Thanks to everyone who signed up for this. It's one of my favorite events and really lots of fun. The live band is usually pretty good and that weekend is supposed to be pretty good weather. Our Club will be the only beverage provider at Oktoberfest this year with soda, water, cider, hot chocolate and coffee. We will need help to do this; it should be very profitable for us.

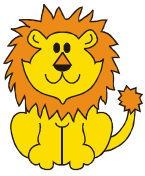
A very busy October ends with Halloween weekend, the extra Candy Day at SAM's and the Park District's Fall Fest costume party. We usually have our Lion at this event. I'm counting on all of you over 5'7" to be willing to suit up for the team and be our Lion. Hopefully you will be interested in volunteering to distribute candy to the children who attend. It's a fun night and the children in their costumes are really delightful.

That's all for now. It's an exhausting schedule this month but I'm always up for a party.

Lion President,  
Val



**We Serve**



# LION HUMOR

## The Coffin

A man was walking home alone late one Halloween night when he hears a BUMP. . .BUMP. . .BUMP. . .behind him.

Walking faster he looks back and makes out the image of an upright coffin banging its way down the middle of the street towards him BUMP. . .BUMP. . . BUMP.

Terrified, the man begins to run towards his home, the coffin bouncing quickly behind him. . .faster. . . faster. . .BUMP. . .BUMP. . .BUMP.

He runs up to his door, fumbles with his keys, opens the door, rushes in, slams and locks the door behind him. However, the coffin crashes through his door, with the lid of the coffin clapping. . .clappity-BUMP. . .clappity-BUMP. . .clappity-BUMP. . .on the heels of the terrified man.

Rushing upstairs to the bathroom, the man locks himself in. His heart is pounding; his head is reeling; his breath is coming in sobbing gasps. With a loud CRASH the coffin breaks down the door. Bumping and clapping towards him. The man screams and reaches for something, anything, but all he can find is a box of cough drops! Desperate, he throws the cough drops at the coffin, . . . and of course . . . the coffin stops.



## Happy Birthday

Lion Tom Rittere - Oct. 1st

## Happy Anniversary

Lion April Frick, PDG - 24 years

Lion Donald Hook - 24 years

## CLUB & DISTRICT 1-F EVENTS

### October 2009

- 3 8:00 AM Board Meeting - Larry Laschen Community Center
- 3 Village of Vernon Hills Oktoberfest
- 9-10 Candy Day
- 21 5:30 - 8:00 PM General Meeting & Membership Open House - Larry Laschen Community Center
- 23 District Pig Pen Derby
- 30 Fall Fest - Sullivan Community Center 6:00 - 9:00 PM

### November 2009

- 7 8:00 AM Board Meeting - Larry Laschen Community Center
- 18 7:00 PM General Meeting - Larry Laschen Community Center
- 26 Thanksgiving

Just Ask  
and  
They Will Come!



MEET • GREET • EAT

Membership Meeting

October 21st, 2009

5:30 - 8:00 PM

Mark your calendars now and come & show potential members your own willingness "To Serve".  
Bring a friend!

# CANDY DAY



**OCTOBER 9TH & 10TH**

For sign up contact Lion Bernie or Lion John for a street assignment.  
Lion Bernie 847.634.0889  
Lion John 847.913.9065



## "How Sweet It Is"!

These immortal words of Jackie Gleason were never meant to be a metaphor for our Foundation's Candy Day . We take our commitment to sight and sound seriously. Each Candy Day, we raise hundreds, and sometimes even thousands of dollars in funds earmarked for that purpose. 60% of the money we raise goes into the coffers of the Lions of Illinois Foundation for sight and sound causes. The rest is used either for things that benefit all sight and hearing impaired people in the area (reading machines at the library, eyeglass collection points, etc.) or for services that benefit afflicted individuals, including eye operations, leader dog training, eye examinations and eyeglass fittings for those in need. In addition, we provide eyeglass collection boxes at a number of establishments in the community. The recovered eyeglasses are tested and categorized by the international organization, the forwarded to places throughout the world where eyeglasses otherwise might not be available at all.

If we dedicate ourselves to the joyous and wonderful task called Candy Day, we will come to the conclusion, "How sweet it is"!

Copied from the LIF web site.



**The 2009 Oktoberfest  
Celebration will be held on:  
Saturday, October 3, 2009  
3:00 PM - 10:00 PM  
at the  
Vernon Hills  
Metra Station  
75 Route 45, VH  
Live Entertainment**

**Vernon Hills Lions  
to sell Soft Drinks,  
Water, Hot Apple Cider  
Hot Chocolate & Coffee**

**For sign up contact  
Lion Val  
(847) 767-4686  
vkanuch@comcast.net**

## Fall Fest



**Friday, October 30th  
6:00 - 9:00 PM  
Sullivan Community Center**

**VH Lions to hand out candy to kids  
dressed in their Halloween costumes.**

**NOTE: Need a volunteer to wear the  
Clubs Lions costume.**

**Contact Lion President Val  
(847) 767-4686  
vkanuch@comcast.net**



## Pork Stir-Fry

### Ingredients

- 1/2 cup reduced-sodium soy sauce
- 1/2 cup lower-sodium chicken broth
- 2 teaspoon dark Asian sesame oil
- 3 tablespoons rice-wine vinegar
- 2 teaspoons sugar
- 2 teaspoons cornstarch
- 1 lb center-cut pork roast, cut into 2 x 1/2 x 1/4-inch strips
- 1 bag (8 ounces) rice noodles
- 2 tablespoons vegetable oil
- 1/2 cup thinly sliced green onion
- 1 tablespoon finely chopped garlic
- 1 tablespoon finely chopped fresh ginger
- 3 cups thinly sliced cabbage (about 1/4 head cabbage)
- 1 sweet red pepper, cored, seeded and cut into matchstick strips

### Directions

Stir together soy sauce, broth, sesame oil, vinegar and sugar in a small bowl. Pour 1/4 cup of the marinade into a medium-size bowl; stir in cornstarch. Add pork; toss to coat. Set aside to marinate 20 minutes. Reserve remaining marinade in the small bowl.

Bring 4 cups water to boiling in a saucepan. Place rice noodles in a large heatproof bowl. Pour boiling water over and let stand 5 minutes. Drain.

Meanwhile, heat 1 tablespoon oil in a wok or very large skillet over high heat. Add marinated pork; cook, stirring constantly, until pork is no longer pink, 2 to 3 minutes. With a slotted spoon, remove pork to a bowl. Wipe any residue from wok. Heat remaining tablespoon oil in wok. Add green onion, garlic and ginger; cook, stirring, 1-2 minutes. Add cabbage and red pepper strips; cook 1 minute. Return pork to wok. Pour in reserved marinade. Add noodles; toss to combine and heat through.

### **Nutritional Information** (Per Serving)

Calories:271

Protein: 18 g, Fat: 12 g

Carbohydrates: 23 g

Exchanges: 1-1/2 Bread/Starch; 2 Medium-Fat Meat;  
1 Vegetable

## F.Y.I.

- ◆ **Club dues of \$95.00 are now due. Members have the option to pay half now & half in December.**  
**Mail your check to —**  
**Lion Rich Leber**  
**6 DeBill Court**  
**Vernon Hills, IL 60061**  
**Please pay your dues . . . remember the people**  
**“WE SERVE” need you!**  
**(As of the last Treasurer Report, 9/11/09,**  
**only 9 members dues have been paid).**
- ◆ **\$2,200 was recived for working Libertyville Days**
- ◆ **16 Entertainment books were sold at Sam’s & the money deposited.**  
**Currently 53 books have been distributed to members with 11 of the books sold & money deposited.**

*If you cannot find the  
bright side of life, start  
polishing the dark side.*



## District 1-F Happenings

**The pigs are restless and ready to run!**

2009 Pig Pen Derby  
Friday, October 23rd  
\$29 Per Person



**THE GROVE HALL**  
**301 Weiland Road, Buffalo Grove**  
**Family style dinner, cash bar.**  
**Contact Lion Don Hook, 1st VDG**  
**773.617.7615**

### Entertainment Books 2010

Have books  
will deliver!

Just call  
847.362.3408

In order to meet our quota and  
obtain the highest comission we  
**MUST sell on the average of  
5 books per member.**

Lion Ed  
Chairperson

### Winthrop Harbor Lions Club



**BINGO**— Wednesdays  
Schlader Building 2700 9th Street  
Winthrop Harbor  
Doors open 4:30 pm — pull-tabs sold.  
Reg BINGO 7–9pm  
Refreshments available.