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2010-2011**

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Lion April Frick, PDG

Director
Lion Andy Toth, PDG

**Immediate
Past President**
Lion Valerie Kanuch



Between The Lions

VERNON HILLS LIONS CLUB — CHARTERED MARCH 14, 1983 1983



Presidents Message — November-December, 2010, issue

Ed Mahoney....

What more can I say about this truly remarkable person? Ed was an inspiration to all members of the Vernon Hills Lions Club.

When there was a discussion, Ed had a point of view that we had to consider. Ed was soft spoken, but always had an impact on fund raising activities and the disbursements that we made to those less fortunate than us. He contributed to all activities within his limits. The first time that I met Ed, I was working as a Candy Day volunteer in front of Wal-Mart 19 years ago. The weather was freezing, but Ed stayed throughout his shift. He never missed a Candy Day. I hope that I will have the energy and zeal to match Ed's streak.

Ed, we will miss you!!

Our club never ceases to amaze me. We have contributed to so many activities over the last two months. Thank you for all of your contributions. The Circus, Entertainment Books, Oktoberfest, and Candy Day proceeds will provide funds for our activities for the remainder of the year. Each project has been a success in its own way.

Thanksgiving is just next week. Please take the time to reflect on how fortunate we are. I hope that we will continue to be so.

Your President...

Lion Bernie

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Editor's Note

This first issue of our Club newsletter, done without the counsel of Lion Ed Mahoney, was hard to accomplish. Lion Ed and I began doing this newsletter together in 1991. With some cajoling on my part, Lion Ed and I bought a computer for a desktop publishing business we operated for six years. After teaching Lion Ed the basics of Pagemaker, he went on to learn the program thoroughly, took classes, and practiced constantly. In his typical way of taking everything to the highest level, he became a better publisher and graphics artist than I ever was.

When family matters and illness preempted my ability to continue doing the newsletter, Lion Ed stepped in and published it for the past 10 years. He was a real professional and quite the perfectionist with a philosophy of "if it's worth doing, it's worth doing well." I will strive to approach his skill level as your editor. In everything he did, and as a very good friend, Lion Ed is a tough act to follow.



**HAPPY HOLIDAYS TO
EVERYONE FROM
ALL THE
VERNON HILLS
LIONS**



District 1-F Bowling Tournament

Our Club can roll with the best. Our District annual Bowling Tournament will be on Sunday, January 30, 2011, at Bertrand Lanes in Waukegan. Squad times will be 10:00am, 1:00pm and 4:00pm. Those who participate each year agree that this event is a good time and a great opportunity to socialize with other clubs. For more information contact Susan Borgwardt at borgwardtsusan@att.net.

NEWS TO PERUSE

Each of the 146 Burger King restaurants in Illinois has pledged to raise at least \$1000 each for Camp Lions in 2011. The long list of participating Burger Kings is found in the LIF website. Everyone is being encouraged to thank the Burger King staff for their generous support of Camp Lions.

SAM'S Club in Vernon Hills is reaching out to our Lions Club with special offers. Any Lion who joins SAM's or renews their existing membership this year will get a \$10 gift card. Their Marketing person, Elsa Hernandez, has also offered to assist us in applying for a cash grant for 2011. We are told they recognize and appreciate our role in the Vernon Hills community.

LOW VISION SCREENING FOR CHILDREN

One of the most important LIF programs is the low vision screening done in our schools. It typically costs about \$290/child to perform these tests. Underwritten by LIF, the testing is done free in our schools. Early detection to vision impairments is key to a child being able to see materials, participate in and sit comfortably in class.

Some of the warning signs for vision impairment in a young child include:

- Attempts to brush away blurred vision
- Squinting when focusing on distant objects
- Frowning excessively or tilting the head from side to side
- Sensitivity to light
- Recurring sties in the eyes

To ensure early detection, children should have their vision tested beginning at age three.

CLUB & DISTRICT 1-F EVENTS

December, 2010

- 1 **Winthrop Harbor Lions Bingo, Schlader Bldg, Winthrop Harbor, Doors Open 4:30pm, pull tabs sold, regular BINGO 7-9pm**



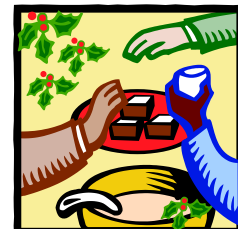
- 3 **Schaumburg-Hoffman Lions Bingo 7-9pm, Doors open at 5:00pm. \$500 Jackpots: VFW 5151; 341 S. Bartlett Rd, Streamwood.**

- 4 **Vernon Hills Lions Board Meeting, Laschen Center, 8:00am**

- 5 **Libertyville Lions Pancake Breakfast with Santa, Libertyville H.S. cafeteria, 8:00am-1:00pm**



- 11 **Vernon Hills Lions Holiday Party, Laschen Center, 7:00pm. RSVP. Please bring holiday gift for Safe Place shelter.**



- 12 **Fox Lake Holiday Get-Together, Fire side Restaurant, McHenry, IL. \$20/per son, 6:00pm.**

- 19 **MERL Meeting, Laschen Center, time TBA**



Jokes

Uncle Joe, a policeman on the local police force, was showing his 7-year-old nephew, Johnny, around the police department garage while picking up his repaired car.



Johnny noticed the barriers across the back seat area of the car and asked what that was. "Well, John," uncle Joe responded, "when we catch the bad guys we take them to jail in the police car. While in transit the back seat of the car is a holding cell for them until we get to the police station."

The nephew very interested in this new information continued walking around the garage with his uncle. "What's this," he asked Uncle Joe, noticing two dogs sitting in one corner of the garage. "That's the K-9 unit. Sometimes we use dogs for police work," Uncle Joe responded. Then Johnny noticed a dog in the backseat of one of the cars. "Uncle Joe," he asked, "what did that dog do?"

Clem wanted a helicopter ride all his life but it currently cost \$50 and his wife wouldn't let him spend the money. "\$50 is \$50," she said. At the county fair the helicopter wanted to help him out. "Clem," he said, "if you and the misses can remain silent for the entire ride, I won't charge you anything." Clem and his wife agreed and rode in silence for the entire hour ride.

The pilot said while landing, "I really thought you two would be arguing or something but you did it. You get the ride free." At this Clem said, "thanks buddy. I almost said something when Helen fell out of the helicopter. But \$50 is \$50."

Vernon Hills Lions Urged to Recycle

In the spirit of the 21st Century, the Vernon Hills Lions are getting with the program... the Recycling Program. Our November 17th meeting featured a speaker from the Solid Waste Agency of Lake County (SWALCO). The public education director, Merleann Rampole, outlined many programs established to minimize solid waste here. Among those were: NIKE, Inc: to recycle old athletic shoes, grinding them up for ground cover on sports tracks. Batteries Plus accepts used batteries (ABC&D sizes) and Habitat for Humanity accepts left over cans of paint. For more information, check their website: www.swalco.org.

Sugar-Free New York Style Cheesecake

Yield: 16 servings.
Serving Size: 1 slice.

Ingredients

Crust:

- 1-1/4 cups graham cracker crumbs
- 1/4 cup Splenda® No Calorie Sweetener, Granulated
- 1/4 cup butter, melted
- 2-1/2 pounds regular cream cheese
- 1-2/3 cups Splenda® No Calorie Sweetener, Granulated
- 3 tablespoons flour
- 5 large eggs
- 2 egg yolks
- 1-1/2 teaspoons vanilla
- 1/4 cup heavy cream

Directions

1. Preheat oven to 475 degrees F.
2. Make Crust: Mix crust ingredients together and press into a 10-inch springform pan.
3. Make filling: Beat cream cheese, Splenda® Granulated Sweetener and flour in a medium bowl until well mixed and smooth. Add eggs and egg yolks, beat until smooth. Add vanilla. Scrape sides of bowl. Mix briefly and add heavy cream. Mix until well blended. Pour filling over crust.
4. Bake 10 minutes at 475 degrees F. Turn oven temperature down to 200 degrees F and bake for 1 hour. Turn oven off and leave cheesecake in the oven for one more hour. Cheesecake will be slightly firm to the touch. Let cool 15-20 minutes before placing in the refrigerator. Refrigerate a minimum of 4- 6 hours or preferably overnight before serving.

Nutritional Information (Per Serving)

Calories:	360
Protein:	8 g
Sodium:	300 mg
Cholesterol:	185 mg
Fat:	32 g
Carbohydrates:	11 g

VERNON HILLS LIONS HOST THEIR ANNUAL HOLIDAY PARTY

Our Club will host its annual holiday party on Saturday, December 11 at the Laschen Center, 7:00pm. As always we need volunteers to decorate the room. Please contact Lion Don Hook about the time. Each person is being asked to bring either an appetizer or a dessert for our annual feast.

Years ago it was suggested by our Board that our Club donate gifts to a worthy organization. Each year since we bring those gifts to our holiday party in the spirit of the season. Over the years we have focused on A Safe Place here in Lake County, which is a haven for victims of domestic violence.

Hundreds of women and children seek shelter from abusive relationships each year at A Safe Place. Dedicated to policies of early intervention, prevention education and community awareness, A Safe Place works to break the cycle of and to reduce the social acceptance of domestic violence.

At the holiday season it is especially sad to see women and their children living in a shelter without their possessions and unable to be with their families. Thus it is a particularly good feeling to provide holiday gifts of needed and wish-list items to them.

This year's wish list includes:

Gifts for Women: Blankets; Jewelry; Perfume; Bath & Beauty Products; Cameras; Postage Stamps; Note-cards; Hair Care Products; Pajamas; Robes; Socks.

Gifts for Children: Art supplies (washable markers, paints, construction paper, glue, scissors); Craft kits; Science kits; DVD's of non-violent family movies; CD players; Games; Non-gender specific toys; Pajamas; Socks.

Food: Gift certificates for Jewel and Aldi, etc.; Pasta & Sauces; Rice; Macaroni & Cheese; Cereal (hot & cold)

Holiday Items: Wrapping Paper, Tape, Bows, Gift Bags, Laundry Baskets, Gift Boxes.

Please remember not to wrap the gifts. The residents have a room they can visit to shop for what they want as they would in a store in an effort for as normal a holiday experience as possible.

If you cannot attend our holiday party and wish to donate a gift, please contact Lion Linda Starrfield at (847) 816-5995.

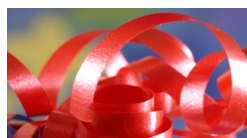
SAVE THE DATE

Our District 1-F Convention will be early next year, on March 4-6, 2011, at the Renaissance Hotel, Northbrook. The Friday social night is planned with special informational sessions on Saturday and a new program for Sunday Morning. Check the newsletter and other communications for further information about this important meeting. Let's support our District Governor, our own Lion Don Hook at this meeting.



12/14 Lion Gabriel Cotton

Happy Anniversary



Lion Laura Jurey—5 Years