

March 2010

Vol. 24

Issue 9



Between The Lions



Vernon Hills Lions Club — Chartered March 14 1983

Officers 2009-2010

President

Lion Valerie Kanuch

Secretary

Lion Richard Leber

Treasurer

Lion John Blackburn

1st Vice President

Lion Bernie Dost

2nd Vice President

Lion Linda Starrfield

3rd Vice President

Lion Kathleen Marusich

Lion Tamer

Lion Gary Zabilka

Tail Twister

Lion Gabriel Cotton

Director

Lion April Frick, PDG

Director

Lion Ed Mahoney

Director

Lion Amber Martinez

Immediate

Past President

Lion Gary Zabilka

Presidents Corner —

It's fitting that my VP letter would be in March. That's the month I became the first woman member of the Vernon Hills Lions Club. My sponsor, Lion Ed Mahoney asked me to join for a whole year before I did. I had a 12-hr/day job then and felt it would be difficult to attend meetings. Some things never change.

One of the first events I ever attended was our District 1-F convention, starting with the hospitality night where I won a whole tub of bottles of wine. I was hooked for life... on being a Lion. As a practically non-drinker, I gave most of the wine to friends that year. I was a popular dinner guest. Over the years since 1989 our membership has changed a lot; we are about 50% women now.

Where were you 21 years ago? I was dancing at summer celebration to Chicago which headlined that year, after selling the beer tickets with the Lions ... marching in the July 4th parade where we had a winning float ... and standing on the corner of 21 & 60 dodging traffic on Candy Day. It's been busy and personally rewarding.

Besides the enormous satisfaction that comes from helping the thousands of people our Club has served over the past 21 years, I guess the big thing for me is all of you. I've said many times the Lions are the best people I know. I'm very grateful for the friendships and tremendous support I've had over the years. May I express a great big thanks for everything.

We have our District Convention coming up this April and I look forward to seeing everyone — Good people doing important work in our now global community. It's always fun, interesting too. In March, Elk Grove has their Farmers Market every Wed. morning from 7am to 1pm. Gurnee has a spaghetti dinner on the 21st, the same day as our Bowling Party. For the Vernon Hills Lions that's a really light month. We're intense. We work hard; we play hard.

Thanks for the memories as Bob Hope used to say. It's been a great 21 years.

Your Second VP —
Lion Linda



We Serve

A Wee Bit of Irish Humor . . .



Two Irishmen, Patrick Murphy and Shawn O'Brian grew up together and were lifelong friends. But alas, Patrick developed cancer, and was dying. While on his deathbed, Patrick called to his buddy, Shawn, "O'Brian, come 'ere. I 'ave a request for ye." Shawn walked to his friend's bedside and kneels.

"Shawny ole boy, we've been friends all our lives, and now I'm leaving 'ere. I 'ave one last request fir ye to do."

O'Brian burst into tears, "Anything Patrick, anything ye wish. It's done."

"Well, under me bed is a box containing a bottle of the finest whiskey in all of Ireland. Bottled the year I was born it was. After I die, and they plant me in the ground, I want you to pour that fine whiskey over me grave so it might soak into me bones and I'll be able to enjoy it for all eternity."

O'Brian was overcome by the beauty and in the true Irish spirit of his friend's request, he asked, "Aye, tis a fine thing you ask of me, and I will pour the whiskey. But, might I strain it through me kidneys first?"



*Grant me a sense of humor, Lord,
the saving grace to see a joke,
To win some happiness from life,
And pass it on to other folks.*

*If you don't
ask
they just
wont come!*



CLUB & DISTRICT 1-F EVENTS

March 2010

- 6 Board Meeting - Larry Laschen
Community Center - 8:00 AM
- 17 General Meeting - Larry Laschen
Community Center 7:00 PM
- 27 Hopin Holiday Hunt - Sullivan Ctr.
Community Room 9-11 AM,
Set-up *:00 AM

April 2010

- 10 Board Meeting - Larry Laschen
Community Center - 8:00 AM
- 17 Blood Drive - Larry Laschen
Community Center 8:00 AM - 3:00 PM
- 21 General Meeting - Larry Laschen
Community Center 7:00 PM
- 23-24 District 1-F Convention



Happy Birthday

Lion Don Hook - 3/22

Lion Sara Meline - 3/26

Lion Ann Marie Moore - 3/28

Happy Anniversary

Lion John Blackburn - 27 years

Lion Len Smith - 27 years

Lion PDG Andy Toth - 27 years

Lion Gary Zabilka - 22 years

Lion Linda Starrfield - 21 years

Lion Gabriel Cotton - 2 years

Wow! 126 Total Years of Service



**Vernon Hills
Park District
“Hopin Holiday
Hunt”
March 27, 2010
9-11 AM
Sullivan Center
Community Room**

**VH Lions help set-up & serve
starting at 8:00 AM
For sign up contact Lion Val
cell 847.767.5686**

**30th Annual
Sight & Sound Sweepstakes
Raffle Books**

**Books will be available For members to
purchase and/or sell
at the —
3/6 - Board Meeting
3/17 - General Meeting
3/27 - Hopin Holiday Hunt
or
Contact Lion Ed
“Have Books Will Deliver”
mahoney362@juno.com
847.362.3408 — Cell 847.840.0889**

**The club makes 40% of the net
dollars sold.**

**\$1.00 per Ticket or \$10 per book of 12
First prize — \$5,000
2nd thru 6th — \$1,000 each
7th thru 16th — \$500 each
17th thru 26th — \$250 each
Total prizes — \$19,250**

**Sellers of winning tickets, who complete
the back of the winning ticket, will re-
ceive \$500 for the Grand Prize, \$100 for a
\$1,000 ticket, \$50 for a \$500 ticket and
\$25 for a \$250 ticket**

**Drawing at the State Convention
May 23, 2010**



**Meat and Mushroom
Pub Pies**

(makes 4 servings)

1/2 frozen puff pastry sheet (one-fourth of a 17 1/4-ounce, 525 g, package), defrosted

1 pound (480 g) ground beef sirloin

6 ounces (180 g) mushrooms, sliced

1 1/2 cups frozen chopped onion

2 teaspoons (10 ml) crushed dried thyme

2 tablespoons (18 g) all-purpose flour

1 1/2 cups (360 ml) fat-free low-sodium canned beef broth

1 tablespoon (15 ml) bottled steak sauce

1/2 cup (72 g) frozen peas, rinsed with cold water and drained

Preheat oven to 450°F (230°C), Gas Mark 8. On a lightly floured surface, roll out pastry to 6-inch (15 cm) square. Using a sharp knife, cut into twelve 1/2-inch strips.

In a heavy skillet over medium-high heat, brown beef, mushrooms, and onion until beef is no longer pink, about 5 minutes. Sprinkle mixture with thyme and flour. Add beef broth and steak sauce; cook, stirring, for 5 minutes. Stir in peas. Spoon mixture into individual casserole dishes about 5 inches (12.5 cm) in diameter.

Arrange two pastry strips in a wide X over each casserole. Place a third strip across the center. Press overhangs firmly to sides of casseroles to seal.

Bake until pastry is puffed and golden brown, about 12 minutes.

Per serving: 430 calories (47% calories from fat), 29 g protein, 22 g total fat (5.8 g saturated fat), 28 g carbohydrate, 3 g dietary fiber, 41 mg cholesterol, 219 mg sodium

Diabetic exchanges: 3 lean protein, 2 carbohydrate (1 1/2 bread/starch, 1 vegetable), 2 fat

District 1-F Happenings



March 6, 2010
**Prospect Heights Lions Club
Dinner Dance — \$50 per person**

Cocktails 6:30 PM, Open Bar
Atlantis Banquets
1273 E. Rand Road
Arlington Heights, IL 6004

March 7, 2010
**Waukegan Little Fort Lions Club
Steak & Egg Breakfast**

8:00 AM - 1:00 PM
Waukegan Yacht Club
199 Harbor Place (Harbor Place & Clayton
Street)
Waukegan, IL 60085
\$10.00 per ticket
Tickets are for sale from any Little Fort Lion
or call 1-847-379-82171

March 14, 2010
**Winthrop Harbor Lions Club
24th Annual**

Steak & Egg Breakfast

7:00 - 11:30 AM
Stone Creek Grill
208 Sheridan Road, Winthrop Harbor
Contact Lion Susan Hastings, President
847.662.1056
or Lion Judy Hrischuk, Sect'y
262.834.5469
For more information

March 28, 2010
**Lake Villa Township Lions Club
Spring Pancake Breakfast**

8:00 AM - 12:00 PM
Lake Community High School
1600 Eagle Way, Lake Villa



For more information
Contact
Elizabeth Burns
President
847.356.1076

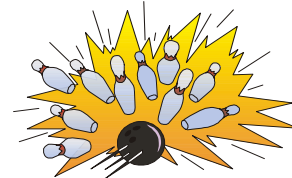


March 21, 2010
Antioch Lions Club

**Antioch Moose Lodge
Route 173 West of Route 59**

Sign-Up Noon — Games Start at 12:30
For more information
Call 847-395-9760

District 1-F Bowling Tournament



**Bowling for the
Vernon Hills Lions Club**

★ **Don Hook**

★ **Amber Martinez**

★ **Kathleen Marusich**

★ **Steve Willett***

***Zone Chair, Melvin Jones Zone**

**Lion Kathleen had high score of the team
with a 167. Great job bowlers.**

THANK YOU

District 1-F Convention

April 23-24, 2010

**Vernon Hills Lions
Be Sure To
Sign-Up for the
District
Convention
and
Support
Lion Don Hook
for
District 1-F Governor
2010-2011**



**Convention Hotel
Renaissance Chicago North Shore
933 Skokie Boulevard, Northbrook, IL 60062
(847) 498-6500**

**Convention Room Rate is \$79 + Tax
Good Until 4/1/10**

- Registration is \$15.00
 - Lunch \$16.00
 - Banquet & Governor's Reception
only \$35.00
- Package Price \$58.00**

**Note: After March 31, 2010 Registration
is \$18.00 and at the door it will be
\$20.00.**

**Registration Forms available on District
web site
www.district1flions.com**



**The Club will be participating in the
Hospitality Room.
Workers will be needed for both Friday &
Saturday evening.
Please keep the dates open . . . more info
will be forthcoming.**

**(Photos compliments of
Zone Chairman Lion Dennis Burns)**

Words of Thanks for Lions' Relief in Haiti

"It has been a day of blessings in that around 9 a.m. the Lions arrived to tell me our soccer areas have been chosen to receive their aid, which includes well formed tents, hot kitchen area, school in a box, dental and eye care. It is a real shot in the arm for us, as I had begun to accept that our neighborhood would have to move to one of the huge tent areas in order to obtain shelter and food. Since writing this, the initial boxes from the Lions club have arrived. I am glad the neighbors will soon have tents, hot food and everything else promised."

Sister Mary Finnick, Grey Nuns of the Sacred Heart, Haiti

Funds Provide Shelter, Food, and Water to Victims

Lions provided immediate needs, including water, food and medical supplies on January 22. These supplies were distributed by Haitian Lions and Leos to a hospital and orphanage. LCIF partnered with the Lions of Sweden to provide 200 large tents to house those who are now homeless as well as relief workers. Haitian Lions have established three tent cities in Delmas, Blanchard and Carrefour-Feuille, neighborhoods located in Port-au-Prince. Each tent city can accommodate 300 families or 1,200 people. Lions are focusing their immediate relief efforts to support and maintain these tent cities.

Relief Efforts Furthered by Leveraging Funds

To further relief efforts in Haiti, LCIF is reaching out to organizations in both Haiti and around the world. The International Organization of Migration has offered to provide supplies and assistance to Lions camps. LCIF is also partnering with the shipping company, Maersk, and the World Food Program, to ship tents donated by Lions of Sweden and food donated by the World Food Program, to Haiti free of charge. Additionally, the Foundation is in final discussions to partner with USAID and Catholic Relief Services.

